



NAYRS

Fall Programs



See the descriptions below for dates, costs, and more information for our middle school fall programs!

Register for fall programs with this form, and be on the lookout for other special events requiring a separate registration.

Check off the program(s) that you will be signing up for, and fill out the attached registration information and NAYRS waiver.

Contact Demi at dtetrault@nayouth.com with any questions.

Please fill out one form per child! Make checks payable to Town of North Andover.

All programs below are open to middle schoolers – members and non-members. Different member and non-member fees apply!

Middle School Programs

Cost

<input type="checkbox"/>	Manicure Mondays Mondays 9/11-11/6, 3:00-4:00 PM - The perfect way to unwind after school and catch up with friends. Kids can get to know female Youth Center Staff and have a confidential place to share and get advice about school, social lives, or whatever else is on their minds, while leaving feeling a little more fabulous! All supplies will be provided, but you can also bring your own! Space is limited to 10.	Free
<input type="checkbox"/>	Step Up Tuesdays 9/19-11/14 3:00-4:00 PM - Join the fall session of our community service group for middle school girls! We work together on fun projects, like trips to the Senior Center, Project Home Again, Lazarus House, the soup kitchen, and more! Space is limited to 13 girls. SOLD OUT!	Free
<input type="checkbox"/>	POUND, Rockout, Workout Thursdays 9/14, 9/21, 9/28 3:00-4:00 PM – Pound is a new group workout that's a combination of cardio and drumming set to awesome music! We will get a great workout while having fun and not taking ourselves too seriously. Please come in workout clothes. Space is limited to 15 boys and girls.	Free
<input type="checkbox"/>	Rocket Club Wednesday 11/8 & Thursday 11/9, 3:00-5:30 PM – 3, 2, 1, Blast off! Design, build, and launch your very own rocket up to 2,500 feet into the air, then watch it parachute back down to Earth! Day one is construction, day two we launch! Space is limited to 10 boys and girls.	\$35/m \$40/nm
<input type="checkbox"/>	Pop Yoga Thursdays 10/12, 10/19, 10/26 3:00-4:00 PM – Relax, stretch, & get centered with a combo of yoga & mindfulness set to current pop/ acoustic music. Each session will begin with a yoga class & end with a short mindfulness exercise designed to reduce stress & make you feel amazing! Space is limited to 15 boys and girls.	Free
<input type="checkbox"/>	Archery Tuesdays 10/17, 10/24, 10/31 4:00-5:00 PM – Learn to shoot like Robin Hood with real bows and arrows from On The Mark Archery held right at the YC! This includes 3 days of archery lessons! Space is limited to 16 Middle School boys and girls. You can sign up for 10/24 and 10/31 for \$65/m and \$70/nm!	\$90/m \$95/nm
<input type="checkbox"/>	Zumba for Teens Thursdays 11/9 & 11/16 3:00-4:00 PM – Zumba Fitness is a dance fitness class based on Latin music. This class is specifically designed for teenagers and will have more pop and hip hop music so you can dance to music you know and like. No dance experience necessary. Come in workout clothes and sneakers! Space is limited to 15 boys and girls.	Free
<input type="checkbox"/>	Boys 2 Men Mondays 9/25-11/6 3:00-3:45 PM – Join Rick, Justin, and Kyle to learn all the life skills middle school boys need to become men! This new program will include field trips, team building, volunteering, and a focus on personal growth and development. Space is limited to 10.	Free

CONTINUED ON NEXT PAGE

Middle School Field Trips

Cost

The times listed below are drop off and pick up times from the Youth Center.

Any times listed as 1:15 on collaboration days, Youth Center staff will pick up students at the front of North Andover Middle School in the white Youth Center bus.



Ropes Course Wednesday 9/20 – 1:15-5:30 PM – Challenge yourself by getting up high in the trees and taking on different Ropes Course elements such as the Zip line, Ball jump, and Wild Woozy. Space is limited to 13 boys and girls.

\$25/m

\$30/nm

SOLD OUT!



Fishing Thursdays 9/21, 9/28, 10/5 – 3:00-5:30 PM – Join us for 3 days of fishing! We will be headed to Harold Parker State Park as well as new locations this season. All rods, tackle, and bait will be provided, but you are welcome to bring your own. Let's go catch some bass! Space is limited to 10 boys and girls.

\$10/m

\$15/nm

SOLD OUT!



Biking Tuesdays 9/26, 10/3, 10/10 – 3:00-5:30 PM – Join us for 3 separate Mountain Biking adventures! We will be heading to Harold Parker State forest and other local mountain biking trails! If you do not have a Mountain Bike contact Justin at the YC and we will do our best to accommodate you! Space is limited to 6 boys and girls.

Free

SOLD OUT!



Wamesit Lanes Thursday 10/12 – 2:45-6:00 PM – A popular spot in the Merrimack Valley area! Join Kyle for a fun afternoon of bowling and arcade games! Space is limited to 11 boys and girls.

\$25/m

\$30/nm

SOLD OUT!



Fall Festivities at Connors Farm Wednesday 10/18 – 1:15-5:15 PM - Come enjoy the best that fall has to offer with Laura! We will go through a corn maze, go pumpkin picking, and of course enjoy some apple cider and cider donuts! Upon returning to the Youth Center we will paint our pumpkins and enjoy more fall treats. Space is limited to 12 boys and girls.

\$30/m

\$35/nm

SOLD OUT!



Paintball Wednesday 11/1 – 1:15-6:00 PM - Join us for an action packed day at Merrimack Valley Paintball! Multiple scenarios such as capture the flag, attack and defend, and team elimination will be played. Space is limited to 13 boys and girls.

\$60/m

\$70/nm

SOLD OUT!



Zombie Apocalypse Survival Course Thursday 11/2 – 2:30-6:00 PM – It's finally happened, the Zombie Apocalypse is here! Learn how to use your skills and wit to survive! Learn the 5 core survival skills such as lessons on survival mentality, making shelter, foraging for food, creating fire, and other lifesaving survival skills, all while avoiding a spine chilling hoard of zombies. You will be forced along with your group to work together and stay on the move! Held at the Youth Center Ropes Course. Space is limited to 13 boys and girls.

\$70/m

\$75/nm



Painting & Taste Buds Kitchen Wednesday, 11/15 – 1:15-5:00 - Paint your own canvas at Painting with a Twist in the North Andover Mills, and then bake and enjoy a dessert at Taste Buds Kitchen! Space is limited to 13 boys and girls.

\$50/m

\$55/nm

*****For Office Use Only*****

Circle: Check or Cash **Check #:** _____ **Amount:** _____ If cash, write a receipt.
Staff: Notify Demi that there has been a sign-up!

North Andover Youth & Recreation Services

Participant Name (Print): _____ Grade: _____

Address: _____ Email Address: _____

Parent Name (Print): _____ Parent Phone: _____

Release of Liability and Assumption of Risk

This is to certify that I, _____ (Parent or Guardian), am fully aware that certain risks and dangers may exist during programs, trips, or activities which my son/daughter will be participating in under the sponsorship of North Andover Youth & Recreation Services. I realize that these include, but are not limited to risks and dangers associated in transportation to and from activities and injury from participating in activities and/or games. I hereby assume all risks of injuries and dangers to my son/daughter, agree in no case will I present or prosecute against the North Andover Youth & Recreation Services, and of its board of directors, agents, employees, or specific site owners who may be in conjunction with the Youth & Recreation Services, and/or any others who are involved, any action, compensation for any injury, or damage suffered to my son/daughter, or the aforementioned activities. Whether the same be occasioned by the negligence by the North Andover Youth & Recreation Services or any and all others who are involved, I agree further for myself and/or my spouse, and son/daughter, to hold the Youth & Recreation Services, it's officers, agents, employees, and affiliates free and harmless from and against any and all claims, by whomsoever made or presented, from damages or compensation from any and every such injury, or damage suffered including but not limited to superficial injuries, sprains, fractures, paralysis, or death. Should my son/daughter incur an illness/injury while participating in the aforementioned programs or activities, I give my consent for my child to receive medical treatment.

Signature of Parent/Guardian*

Date

I grant the North Andover Youth & Recreation Services, or any persons acting for or through them, the right to use, reproduce, assign and distribute photographs, films, video tapes and sound recordings of my child to use for public relations, slide shows, newspapers and/or advertising for the North Andover Youth & Recreation Services Program.

Signature of Parent/Guardian

Date

I agree with the Release of Liability and release all North Andover Youth & Recreation Services Staff, Board of Directors, and the Town of North Andover.

Signature of Parent/Guardian*

Date

* = Signature required