

KICK FLIPS and Tail Whips



When:

Monday, August 9, 2010 through Thursday, August 12, 2010 Van leaves at 9:00am sharp and returns by 5:00pm.

Who:

Open to all middle and high school students

Where:

We will gather at the Youth Center each day.

Cost:

\$100

What:

You should take a look at the detailed equipment list in this packet.



To sign up for this program NAYS should receive from you: this permission slip, medical form/ liability waiver (possible already on file, call to check), payment (Make Checks to "Town of North Andover").



For more information, please contact Ryan Chasse, (978)682-9000x229, rchasse@nayouth.com

I, (Parent or Guardian) _____ give my permission for
(Participant) _____ to participate in Kick Flips and Tail Whips
from Monday, August 9th through Thursday, August 12th, 2010.

Signature: _____ Date: _____

(Parent/Guardian)

Permission slip due by June 11, 2010

Medical Form on File? (Y/N)_____

NAYS Skateboarding/ Rollerblading Clothing and Equipment List

Please do not omit items on the required list. **What you wear opening day is from this list.** Extra clothes and equipment that are brought beyond this list will be stored at NAYS at the beginning of the trip.

PERSONAL GEAR REQUIRED:

Skateboard/Inline Skates/Scooter	Bring your own Skateboard, ripstick, inline skates, or scooter.
Skate Helmet	Helmet must be a multi-impact ANSI or SNELL approved helmet for skateboarding and such activities
Pads	Elbows and knees must be padded or covered with appropriate padding.
Pants	Pants should be comfortable for moving around in and provide good coverage.
Shirt	Shirt should be at least short sleeve or long sleeve (no sleeveless).
Shoes	Shoes must be closed toe and should provide a good grip on the board. They should be comfortable for all day wear.
Water Bottle	Water Bottle must seal and have the capacity for at least a quart of water.

***No Midriff-baring shirts**

****Bandannas are used to dry hands after washing**

Note: No Leatherman, pocket or sheath knives, animals or weapons permitted on trips. Cell Phones, Personal Game systems, MP3 Players and any other hand held electronic devices will be left in the Van and should be left at home.

OPTIONAL ITEMS:

Camera

Extra Pads

Small Backpack/Hydration Pack

Skate Multi-tool (Trip Leader will have all necessary tools for basic field repairs)