

YOUTH RESOURCE GUIDE

**Contact Information
For Local Therapists and Counselors**



**North Andover Youth & Recreation Services
33 Johnson Street
North Andover, MA 01845
978.682.9000**

Updated: July 2016

Associates in Psychological Services

565 Turnpike Street, Suite 84, North Andover, MA 01845

Office Phone (978) 686 – 5013 | Fax (978) 685 – 6556

Barbara's Phone (978) 270-0158

Office Hours vary dependent on staff

Call office to make an appointment. Each clinician does their own schedule.

Professional Staff	Degree(s)	Area(s) of Expertise
Thomas B. Hey	MA, CAGS	Teens, Adults. Substance Abuse Hours Monday 12:00-7:00 Wednesday 10:00-5:30 Thursday 12:00-7:00
Barbara Catalano-Hey, LICSW	MSW	Teens and Adults Hours Monday- Thursday 3:00-8:00 Saturdays upon request
Joyce Patane	MA	Eating Disorders

Insurance: BC/BS, Tufts, United Behavioral Health, Mass Health (MBHP), Cigna

Is there typically a waiting list? No **Bilingual Professionals?** No

Ever After Counseling & Wellness

93 Maple Street (Route 62), Middleton, MA 01949

Phone (978) 846-0640

Website www.donnadaviseveraafter.com

Office Hours Weekdays 4:30 PM – 9:00 PM

Professional Staff	Degree(s)	Area(s) of Expertise
Donna Davis	MS, LMHC	Children, adolescents, families, self-esteem, grief, transitions, divorce, behavioral problems, college advising

Insurance: None accepted. Rate is \$60 per hour.

Bilingual Professionals? No **Is there typically a waiting list?** No

Sliding Fee Scale? If family has financial concerns, Donna is willing to work with your situation.

Referral Process: Client can call directly to schedule appointment.

Additional Information: Donna has been a college counselor for over 17 years and has helped numerous middle/high/college students discover their talents, build esteem and assertiveness, adjust through transitions, and conquer anxiety and fears. Additionally, she offers Positivity Groups for women to help us stay connected and remain positive, despite obstacles in our lives.

Children's Friend & Family Services

15 Union St, Suite 200, Lawrence, MA 01841

Phone (978) 682 – 7289 | **Fax** (978) 686 – 2954

Website www.childrensfriend.net

Office Hours:

Monday – Friday 8:30 AM – 5:00 PM In office

24 hour on-call services

Professional Staff	Degree(s)	Area(s) of Expertise
Ashley Mahoney	LMHC	Outpatient Clinical Manager
Glenda Medina and Heyda Javier		Family Partner & CSA Manager
Wildred Krenis		Therapeutic Mentor Manager
Kate Cronin	LCSW	Senior Intensive Care Coordinator Manager
James Turner	LMHC	Senior Intensive Care Coordinator Manager
Stephanie A. Lallier-Casal	LICSW	Assistant Site Director
Amy Ackroyd	LICSW	Site Director
Adriana Estevez	M.Ed	Wraparound/ Drop In Center Director

Insurance: MBHP, Network Health, BMC Healthnet, NHP, Medicaid, Medicare, Beacon, Tufts Health, Aetna

Is there typically a waiting list? Yes, 6 months for individual therapy.

Bilingual Professionals? Yes, most of our professional staff speaks Spanish.

Referral Process: Must fax over referral sheet or call main number and referral can be taken over the phone.

Robert P. Beaudoin, A.C.S.W.

575 Turnpike Street, Suite 15, North Andover, MA 01845

Phone (978) 688 – 7933 | **Fax** (978) 688 – 7933

Office Hours:

Monday – Wednesday 7:00 AM – 5:00 PM

Thursday 7:00 AM – 1:00 PM

Professional Staff	Degree(s)	Area(s) of Expertise
Robert P. Beaudoin	MSW	Individual & Family therapy for children, adolescents & adults

Insurance: Please call the office for information. **Sliding Fee Scale?** Varies case to case.

Is there typically a waiting list? No **Bilingual Professionals?** No

Referral Process: Call the office directly for an appointment.

Family Counseling Associates of Andover, LLC

12 Essex St, Andover, MA 01810

Phone: (978) 222 – 3121 | **Fax:** (978) 296 – 3460

Website www.fca-andover.com

Office Hours

Monday – Friday 9:00 AM – 8:00 PM

Saturday 9:00 AM – 5:00 PM

Professional Staff	Degree(s)	Area(s) of Expertise
George Mouzakis	LEP, LICSW	Director
Nuning Murphy	MS, Psy.D.	Associate Director
Jeffrey Brenner	Ph.D.	Psych Testing
Diane Riely	Ph.D.	Ages 12+
Melissa Gearwar	MA, LMHC	Ages 10+
Ed Hannifin	MA, LMHC	Ages 17+
Shana Perrucci	Ph.D.	Ages 16+
Sabra Sullivan	PMHNP-BC	Med Management, 16+
Tara Dunham	LMHC	Ages 10+
Courtney Hale	MA, LMHC	Ages 6+
Erin McLoud	MA, LMHC	Ages 6+
Michael Reed	MA, LMHC	Ages 10+

Insurance: BC/BS, Harvard Pilgrim, United Healthcare, Tufts, Aetna, Beacon, Fallon, Neighborhood Health

Is there typically a waiting list? Yes, 3-5 weeks

Bilingual Professionals? Yes, Dr. Nuning Murphy speaks fluent Thai.

Referral Process: Client should visit website, complete online form and an intake coordinator will follow up with the client.

Additional Information: Please see website for full explanation of services.

Family Services of the Merrimack Valley

430 N. Canal Street, Lawrence, MA 01840

Phone (978) 327 – 6600 | **Fax** (978) 327 – 6601

Website www.FSMV.org

Office Hours

Monday & Thursday 8:00 AM – 7:00 PM
Tuesday 8:00 AM – 5:00 PM
Wednesday 8:00 AM – 8:00 PM
Friday 8:00 AM – 3:00 PM

Professional Staff	Degree(s)	Area(s) of Expertise
Ana Cabacoff	LICSW	Hispanic culture. Mood & anxiety disorders. Ages 10+
Daniel Carlat	MD	Adult Psychiatry. Ages 18+ *Only sees active FSMV clients
Heather Dormer	LICSW	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. Ages 15+. *Not taking new patients.
Krystal Dunn	MA	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. Ages 5+
Kenia Estevez	MA	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. Ages 5+
Kathleen Fenton	LMHC	Mood disorders, MH/medical health issues, gender concerns, LGBTQ issues. Ages 15+
Ronnie Ginsberg	Psy.D.	Children and teens, parenting, mood/anxiety disorders. Ages 5+.
Holly Hammershoy	M.Ed. LMHC	Mood disorders, ADHD/ADD, behavioral disorders. Children, adolescents and adults. Military members and their families. Ages 5+. *Not taking new patients.
Leomary Jiminian	M.Ed.	Hispanic culture. Children and adolescents – behavioral disorders. Adults – mood and anxiety disorders. In home therapy (IHT) – parenting, family therapy. Ages 10+.
Jessica Lankeneau	LMHC	Children and adolescents – behavioral disorders, ADHD/ADD. Positive Parenting Program. Ages 5+
Michael Kittay	MD	Adult Psychiatry/Addiction Medicine. Ages 8+. *Only sees active FSMV clients.
Emily (Molly) Mitchell	LICSW	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. In home therapy (IHT) – parenting, family therapy. Ages 5+.
Brianna Murdock	LICSW	Children and adolescents – behavioral disorders, mood/anxiety, ADHD/ADD, adjustment disorders. Ages 5+ *Not taking new patients
Ashley Olejarz	LMHC	Children and adolescents – behavioral disorders, ADHD/ADD. Adults – mood and anxiety disorders. Ages 5+.
Deborah Robinson-Thompson	LMHC	Mood disorders, anxiety disorders. LGBTQ issues. Ages 15+.

***See back for additional information →**

Insurance: Aetna, Blue Cross/Blue Shield, Children’s Medical Security Plan, Magellan, MassHealth, Medicare, Tufts Health Plans, Tufts Navigator Harvard-Pilgrim, Fallon, Network Health, Neighborhood Health Plan, Boston

Medical/ Health Net Plan (BMCHP), Harvard Pilgrim

Sliding Fee Scale? Some sliding scale for Psychotherapy only (NOT psychiatric services) – based upon household income

Is there typically a waiting list? Yes

Bilingual Professionals? Yes, Ana Cabacoff, Daniel Carlat, Kenia Estevez, Leomary Jiminian and Jessica Lankeneau speak fluent Spanish.

Referral Process: Potential client calls intake at 978-327-6611 (English) or 978-327-6608 (Spanish) and provides info about presenting problem and insurance information.

Additional Information: Contact Holly Hammershoy for more information. 978-327-6618 or at hhammershoy@fsmv.org

General Psychological Associates

3 Dundee Park, Suite 203, Andover MA 01810

Phone (978) 475 – 3590 | Fax (978) 475 – 7620

Office Hours

Monday – Friday 8:00 AM – 8:00PM

Saturday 9:00 AM – 4:00 PM

Website: www.generalpsychologicalassociates.com

Professional Staff	Degree(s)	Area(s) of Expertise
J. Michael Abrams	Ph.D.	Clinical Director of ImPACT Program Pre/Post Concussion Evaluation and Assessment Program. Neuropsychological assessment of learning disabilities, ADD/ADHD and Asperger's spectrum. Counsels children, families, adults.
Beverly Anderson Anita Pandolfe Ruchman	MS, RN, CS PMHNP-BC	Specializing in medication treatment for adults Medication treatment for Adults. Counsels Ages 13+, ADD/ADHD, anxiety, bipolar disorder, couples, depression, depression during pregnancy, post-partum depression, grief, bereavement, menopausal changes, LGBT, medical issues, PTSD, relaxation therapy and sleep disorders.
Lisa Bailyn	Ph.D.	Adults. Anxiety, depression, stress, grief adjustment, adjustment to medical problems, chronic illnesses, women's health issues.
Debra Hohnecker	Psy.D.	Ages 8+, adolescents, adults. ADD/ADHD, anxiety, bi-polar disorder, depression, grief/bereavement, LGBT, OCD, ODD, PTSD, relaxation therapy, sexual abuse in adults. Couple and family counseling.
Susan Sczerzenie	Ph.D.	Ages 2- 16 and families. Specializes in ADD, ADHD, PTSD, PDD, OCD and Asperger's syndrome.
Mark Ternullo	Psy.D.	Ages 5+, adolescents and adults. ADD/ADHD, anxiety, Asperger's Syndrome, autism, bi-polar disorder, child abuse, depression, executive functioning, foster care/adoption, grief/bereavement, internal family systems, learning disabilities, medical issues, OCD, ODD, PDD, PTSD, relaxation therapy, sexual abuse, sleep disorders. Family Counseling.
Mark Burton	LICSW	Children 5+, adolescents and adults. ADD/ADHD, Asperger's Syndrome, autism, anxiety, depression, executive functioning, grief/bereavement, OCD, parenting issues PTSD, LGBT issues, and medical issues. Relaxation therapy. Individual, couple and family therapy.
Catherine Carlo	LICSW	Ages 16+. ADD/ADHD, anxiety, depression, bi-polar disorder, child abuse, couples, grief/bereavement, infertility, medical issues, OCD, parenting issues, PTSD, pregnancy post-partum, sexual abuse in adults, sleep disorders.
Mark Caton	LICSW	Children, adolescents, adults. Depression, anxiety, substance abuse, ADD/ADHD, and ODD. Individuals, Couples and family therapy.

***See back for additional information →**

Joe Erickson	LICSW	Children, adolescents, adults, Asperger's Syndrome, ADD/ADHA, multi-cultural/ multi-racial identity issues.
Kimberly Festa Cratty	LISCW	Children ages 3+, adolescents, adults, couples and families, ADD, ADHD, anxiety, depression, grief, bi-polar issues child abuse, medical issues, ODD, PDD, PTSD, sexual abuse, and sleep disorders.
Christian Grange	LICSW	Children, adolescents, adults, families. ADD, ADHD, anxiety, depression, foster care/ adoption issues, grief/bereavement, learning disabilities, ODD.
Eileen Hiatt	LICSW	Children ages 7+, adolescents, adults and families. ADD/ ADHD, anger management, anxiety, battered women, bi-polar disorder, child abuse, depression, eating disorders EMDR, executive functioning, foster care/adoption issues, grief/bereavement, infertility, internal family systems, medical issues, menopause issues, OCD, ODD, parenting issues, personality disorders, PTSD, pre-bariatric surgery, relaxation therapy, selective mutism, sexual abuse, sleep Disorders and substance abuse.
Linda Lankowski	LICSW	Ages 18+. Gender identity, battered women, bi-polar disorder, couples, family, grief/bereavement, LGBT, personality disorders and substance abuse.
Janel Weiner	LICSW	Children ages 4+, adolescents, adults and families. Anxiety, ADD/ADHD, battered women, child abuse, EMDR, grief bereavement, internal family systems, medical issues parenting issues, PTSD, pregnancy/post-partum issues relaxation therapy and sexual abuse.
Colleen Ballerini	LMHC	Children ages 4+, adolescents, adults and families. ADD/ ADHD, anger management, anxiety, Aspergers Syndrome, autism, battered women's issues, bi-polar disorder, child abuse, depression, executive functioning, foster care/ adoption issues, LGBT, medical issues, OCD, ODD, parenting issues, personality disorder, PDD, PTSD, pre-bariatric surgery, pregnancy/post-partum, reactive attachment disorder, sleep disorders and substance abuse.
Susan Bennett	LMHC	Children ages 5+, adolescents and adults. ADD, anxiety battered women's issues, bi-polar disorder, child abuse, depression, foster care/adoption issues, learning disabilities, medical issues, OCD, parenting issues, PTSD.
Traci Connor	LMHC	Ages 3+. ADD/ADHD, anxiety, Aspergers syndrome, autism, bi-polar disorder, child abuse, depression, foster care/ adoption issues, learning disabilities, LGBT, medical issues, OCD, ODD, PDD, PTSD, sexual abuse issues and sleep disorders. Couples and family counseling.

***See next page for additional information →**

Michael Dahnke	LMHC	Children ages 5+, adolescents, and adults. ADD/ADHD anger management, Aspergers Syndrome, Autism Spectrum, bipolar disorder, child abuse issues, foster care/adoption issues, grief/bereavement, LD, ODD, personality disorders PDD, PTSD, sexual abuse adults, and substance abuse. Family counseling.
Debra Joy	LMHC	Children Ages 4+, adolescents, and adults. ADD/ADHD, anger management, Aspergers Syndrome, Autism Spectrum, battered women, bipolar disorder, child abuse issues, DBT, dyslexia, eating disorders, foster care/ adoption issues, grief/bereavement, infertility issues, internal family systems, LGBT, medical issues, menopause issues, OCD, ODD, parenting skills, personality disorders, PDD, PTSD, pregnancy/post-partum and sexual abuse.
Stephanie Lee	LMHC	Children ages 7+, adolescents and adults. Anxiety, anger management, depression, bipolar disorder, cutting, grief/bereavement, personality disorders, PTSD and medical issues.
Martha Maness	LMHC	Children 9+, adolescents, adults and families. ADD/ADHD, anxiety, battered women's issues, bipolar disorder, depression, executive functioning, foster care/adoption issues, LGBT, medical issues, parenting issues, PTSD, pre-bariatric surgery, sleep disorders, eating disorders, grief/ bereavement, infertility. Couples and family counseling.
Susan Toleos	LMHC	Children ages 8+, adolescents , adults. ADD/ADHD, anger management, anxiety, battered women issues, bi-polar disorder, depression, executive functioning, foster care and adoption issues, grief/bereavement, infertility issues, internal family systems, learning disabilities, LGBT, medical issues, OCD, ODD, PTSD, and relaxation therapy.
Nancy Weimer	LMHC	Children ages 6+, adolescents, adults. ADD/ADHD, anger management, anxiety, child abuse, depression, eating disorders in teens, foster care/adoption issues, grief issues, learning disabilities, OCD, ODD, PDD, PTSD, selective mutism, and sexual abuse in children and teens. Couples and family counseling.

Insurance: Aetna, Blue Cross Blue Shield, Magellan, Beacon Health Strategies, Neighborhood Health, BMC, GIC, Tufts, Fallon, Unicare, Cigna Behavioral, United Behavioral Health, Pacificare United Health Care, Tufts Health Plans, Valve Options

Sliding Scale? No

Bilingual Professionals? No

Is there typically a waiting list? No

Additional Information: We also provide baseline and post injury assessments guide to return to play decisions.

Joe Pereira, LICSW, CAS

Outlook Associates of New England

637 Massachusetts Ave, Arlington, MA 02476

Phone (781) 643-5251 | Fax (781) 648-0718

Website www.outlookassociates.com

Email jpereira@outlookassociates.com

Office Hours:

Monday	10:00 AM – 5:00 PM (Boston)
Tuesday	10:00 AM – 6:00 PM (Last appt)
Wednesday	9:00 AM – 6:00 PM (Last appt)
Thursday	9:00 AM – 6:00 PM (Last appt)
Friday	9:00 AM – 5:00 PM (Last appt)

Professional Staff	Degree(s)	Area(s) of Expertise
Joe Pereira	MSW	Adults and adolescents, anger management, chemical addictions, depression, anxiety, men's issues

Insurance: BC/BS (All plans) , Harvard Pilgrim, United Healthcare, Medicare, Tufts (Commercial Plan)

Sliding Fee Scale? \$65 minimum fee **Bilingual Professionals?** No

Referral Process: Client can call to set up an appointment.

Is there typically a waiting list? Yes, not always

Additional Information: Runs a 12 week anger management group for men. Works 1 day a week in downtown Boston.

Diane True, dba Andover Family Associates

26 Chestnut Street, Suite 2F, Andover, MA 01810

Phone (978) 475 – 7669

Office Hours

Tuesday – Thursday 9:00 AM – 6:00 PM
Friday 9:00 AM – 6:00 PM
Saturday 9:00 AM – 1:00 PM

Professional Staff	Degree(s)	Area(s) of Expertise
Diane True	LICSW	Adolescent, individual, couples

Insurance: Andover Family Associates accepts just about every available insurance plan and HMO.

Bilingual Professionals? No **Is there typically a waiting list?** No

Sliding Fee Scale? Yes, discussed **Referral Process:** Call office directly and leave a message.

Psychotherapy Associates of North Reading and Amesbury

58 Concord St, North Reading, MA 01864
5 Market Square, Suite 102, Amesbury, MA 01913

Phone: (978) 664 – 2566 | **Fax:** (978) 664 – 8023

Website www.panr.net

Email support@panr.net

Office Hours: Monday – Friday 9:00 AM -9:00 PM
Weekends by appointment

****See website for more information and expertise of each staff member.**

Professional Staff	Degree(s)	Professional Staff	Degree(s)
Donna Whipple	Psy.D.	Nancy Pelmas	LICSW
Rick Kaufman	LICSW	Andrea Thompson	LICSW
Vanessa David	Referral Coor.	Cheryl Kronhaus	LICSW
Elizabeth Graham	LICSW	Carole Davidson	LMHC
Jessica Jenkins	LMHC	Sarah Bush	LMHC
Robert Johnston	LICSW	Sarah Hawkins	LMHC
Lisa Martelli	LICSW	Jennifer Brown	LICSW
Kristen McGuigan	LICSW	Jennifer Moore	LMHC
Carole Meuse	Referral and Billing Coor.	Jennifer Hills	LMHC
Jim Morin	LMHC		

Insurance: We accept all insurance except Cigna

Sliding Fee Scale? \$85 minimum

Is there typically a waiting list? No

Bilingual Professionals? There are Spanish speaking intake staff.

Referral Process: There are two full-time referral coordinators. Ext. 246

Somers Trust Psychological Associates

873 Turnpike Street (Willows Park), North Andover, MA 01845

Phone (978) 688 – 8004 | Fax (978) 686 – 8554

Website www.somerstrust.com

Email somerstrust@comcast.net

Office Hours: Hours vary by each staff member.

Professional Staff	Degree(s)	Area(s) of Expertise
Harry Somers	Licensed Clinical Psychologist	Adolescents and Adults, Cognitive/behavioral for therapy for substance abuse, anxiety, depression, stress and relationships. Couples and families – conflict resolution and behavioral problems. Hours M, W, Th 9:00-4:00
Lonnie Stowe	Licensed Clinical Psychologist	Adults, adolescents and children. Women’s issues, relational issues, trauma, eating disorders, mood disorders. Children and families needing special education services. Hours M, T, W 1:00-6:45
Laura Craig-Bray	Ph.D.	Individuals, couples and families in transition. Working with parents of children with academic challenges, such as learning disabilities, PDD and ADHD. Hours T, W, Th 1:00-5:00
Sonia Dettman	LICSW	Children, teens, adults, and families. Affective disorders, anxiety, eating disorders and trauma. Hours Tues 12:00-7:00
James Conway	PhD	Adolescents and adults. Childhood trauma, disorders of character, mood and anxiety disorders, and attachment-relationship issues. Hours M, W, Th, Fri, 11:00-8:00
Heidi Kelleher	Psychiatric NP	Medication management services over 18 for mood disorders, attention difficulties and anxiety disorders. Hours M, T, W, Th 9:00-4:45
Elizabeth Dean-Diamond	Psy.D. LMHC	Children, Adolescents, couples, families. Stress, school/home challenges, anxiety depression/irritability, anger, behavior issues, ADHD, learning disabilities and Asperger’s. Hours Tu, Fri 12:00-5:00
Heather Slack	PMHNP,BC RN	Medication management under 18 Hours M 12:00-5:00

***See back for additional information →**

Insurance: BC/BS, Tufts, Harvard Pilgrim, United Health Care, United Behavioral Health

Sliding Fee Scale? Talk Therapy \$200 initial / \$150 follow-ups
Medication Management \$200 initial/ \$125 follow-ups

Is there typically a waiting list? Dependent on the therapist

Bilingual Professionals? No

Referral Process: Call main desk and admin will set up appt.

*Offices on 2nd and 3rd floor – no elevators.

Willows Associates

857 Turnpike Street, Suite 136, North Andover, MA 01845

Phone: (978) 686 – 2900 | **Fax:** (978) 686 – 2929

Email frank-willows@comcast.net

Website willowsassociates.com

Office Hours

9:00 AM-6:00 PM Sheeba Thomas
9:00 AM-5:00 PM Whitney Wykoff
9:00 AM – 7:00 PM Frank Soares

Professional Staff	Degree(s)	Area(s) of Expertise
Frank Soares	LMHC	Adolescents and family, couple therapy
Sheeba Thomas	Psy.D	Children and Adults
Whitney Wykoff	Ed.D.	Neuropsych testing
Kate Donnelly	Psy.D	Adults
Wayne Van Orman	Ed.D.	Neuropsych testing

Insurance: BC/BS, Tufts, United Health Care, Harvard Pilgrim, Aetna

Sliding Fee Scale? \$120.00 minimum fee for Frank Soares, \$100.00 minimum for Sheeha Thomas

Is there typically a waiting list? No

Bilingual Professionals? Yes, Frank Soares speaks fluent Portuguese. Sheeha Thomas speaks fluent Malayam.

Referral Process: Prospective client calls intake number and leaves information, office will return call.

Dr. Theresa Cerulli and Associates

451 Andover Street, Suite 130, N. Andover, MA 01845

Phone (978) 683- 6065 | Fax (978) 683-6055

Website www.cerulliandassociates.com

Office Hours

Monday-Friday 9:00am-5:00pm

*Some staff members do arrange special early morning, evening and weekend hours.

Professional Staff	Degree(s)	Area(s) of Expertise
Theresa Cerulli	M.D.	Psychiatry/ ADHD/ Psycho-pharmacology
Larry Collier	LICSW	Substance abuse
Szifra Birke	M.S.	Coaching/ Therapy
Jay livingston	M.A.	Adult Executive and ADD coach

Insurance: No insurance company contacts directly accepted.

Sliding Fee Scale? N/A

Is there typically a waiting list? Yes, approximately one month for new patients for Dr. Cerulli.

Bilingual Professionals? None

Referral Process: Intake appointments for new patients are scheduled through office assistant, Brooke Conserva 978-683-6065

Additional Information: We treat children, adolescents, and adults. Dr. Cerulli is a nueropsychiatrist with a special area of interest in ADHD but treats all general psychiatric conditions as well.

Andover Wellness and Counseling

859 Turnpike Street Unit 132 North Andover, MA 01845

Phone: 978-417-1531

Fax: 978-984-7123

Website: andoverwellnessandcounseling.com

Office Hours

Monday-Friday 8:00 AM – 8:00 PM

Saturday 7:00 AM – 11:00 AM

Professional Staff	Degree(s)	Area(s) of Expertise
Rebecca Papadinis, LMHC	M.Ed.	Children, Adolescents, Adults, Play therapy, Family therapy, CBT, Couples (Imago), Grief/Bereavement, Anxiety, Depression
Ashley Mahoney, LMHC	MS	Children, Adolescents, Adults, Family, Couples

Insurance: *Rebecca Papadinis only at this time Ashely is private pay/sliding scale

BCBS, Anthem of NH, Harvard Pilgrim, United Health Care, Tufts *not masshealth, Optum, Medicare, Oxford, Pacificare, UMR

Sliding Scale:

\$0-19,999 per year: \$40.00 per 45-50min session

\$20,000-34,999 per year: \$50.00 per 45-50min session

\$35,000-49,999 per year: \$60.00 per 45-50min session

\$50,000-64,999 per year: \$70.00 per 45-50min session

\$65,000-79,999 per year: \$80.00 per 45-50min session

\$80,000 and up per year: \$90.00 per 45-50min session

Bilingual Professionals? No **Is there typically a waiting list?** No

Referral Process: Contact Rebecca Papadinis, LMCH via phone or email ([978-417-1531](tel:978-417-1531) papadinis.rebecca@gmail.com)

Additional information: We can provide support and mental health groups should you notice a theme within the community who may benefit from groups.

Brownstone Counseling

225 Broadway Suite 307, Methuen, MA 01844

Phone (978) 683-8600 | Fax (978) 683- 8600

Website www.brownstonecounseling.com

Office Hours

Monday – Thursday 8:00 AM- 8:00 PM

Friday 8:00 AM – 6:00 PM

Saturday 8:00 AM – 2:00 PM

Professional Staff

John C. Hudzik, Owner

Degree(s)

MSW

Area(s) of Expertise

Children, Teens and Adults

Insurance: BC/BS, Tufts, Aetna, Harvard Pilgrim, Cigna, EAPS, Medicare

*We do not accept Mass Health products

Sliding Fee Scale? John C. Hudzik, \$50 minimum fee

Bilingual Professionals? No

Is there typically a waiting list? No

Referral Process: Call and leave a message on confidential voicemail.

Additional Information: There is a therapy dog in office to help with adjustment for teens and children.

Children's Neuropsychological Services

26 Chestnut Street, Andover, MA 01810

Phone (978) 749- 2700 | Fax (978) 749- 2709

Website www.childneuropsych.com

Office Hours

Monday- Friday 8:30 AM – 5:00 PM

Professional Staff

William Mautz

Wendy McKerron

Mary Cristians

Degree(s)

PhD

PhD

PhD

Area(s) of Expertise

Child Evaluations

Child Evaluations

Child Evaluations

Insurance: BC/BS, Harvard Pilgrim, United Healthcare, Private Pay

Bilingual Professionals? No

Is there typically a waiting list? Yes, 3 to 4 weeks

Referral Process: Call (978) 749-2700 and we will walk parent through process.

Additional Information: Common reasons for testing include: ADHD, Autism Spectrum, Concussion, Executive Function, Dyslexia etc.

ACA Family Counseling Services INC.

599 Canal Street 5th Floor W-Suite #12, Lawrence, MA 01840

Phone (978) 989 9902 | Fax (978) 989-9903

Website www.acafamilyservices.com

Office Hours

Monday – Friday : 9:00 AM – 7:00 PM

Saturday : By Appointment Only with Clinicians

Professional Staff

Bill Chause

Annie McKright

John Marinill

Jonathan Akugue

Stephen Addison

Henry Ntord

Boris Lukic

Martha Lopez

Karina Tremiti

Degree(s)

MSW/LICSW

MSW/LICSW

MSW/LICSW

MA/PSY

MSW/Clinician

RN, MSN, NP,PSY

MSW/Clinician

M.ED/LMHC

MA/PSY Clinician

Area(s) of Expertise

Child/Adult Psych-therapy

Child/Adult Psych-therapy

Child/Adult Psych-therapy

Child/Adult Psych-therapy

Child/Adult Psych-therapy

Child and Adult

Child and Adult

Child and Adult

Child and Adult

Insurance: Masshealth, NHP, Commonwealth Care, Medicare/Medicaid, Beacon, Network Health

Bilingual Professionals? Jonathan Akugue – Spanish, Martha Lopez- Spanish, Boris Lukic – Bosnia, Spanish, Karina Tremiti- Spanish.

Is there typically a waiting list? No

Referral Process: Call the clinic, walk-in or request agency referral in-take form by fax.

Additional Information: ACA Family Counseling INC. is a multi-language agency with multiple staff with different ethnic backgrounds.