

Youth Resource Guide

**Contact Information for Local
Therapists and Counselors**



**North Andover Youth & Recreation Services
33 Johnson Street, North Andover, MA 01845
(978) 682-9000**

Updated: September 2017

Contact Lstevens@nayouth.com with questions

Below is a list of agencies included in our guide by the insurance carriers accepted. If you don't see your insurance carrier listed below, contact the agency you're interested in working with for payment options. Many agencies accept private pay, offer a sliding scale, or may be covered by insurance companies as an out-of-network provider.

Aetna

- Brownstone Counseling (p. 4)
- Family Counseling Associates of Andover, LLC (p. 8)
- Family Services of the Merrimack Valley (p. 9)
- General Psychological Associates (p. 11)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)
- Robert P. Beaudoin, A.C.S.W (p. 17)

BMC

- General Psychological Associates (p. 11)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

Beacon Health Strategies

- Family Counseling Associates of Andover, LLC (p. 8)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)
- Diverse Understanding Mental Health, LLC (p. 7)
- Robert P. Beaudoin, A.C.S.W (p. 17)

Behavioral Health Systems

- Colleen Ballerini, LMHC (p. 6)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

Blue Cross/Blue Shield

- Associates in Psychological Services (p. 4)
- Brownstone Counseling (p. 4)
- Counseling Services of Greater Boston (p. 5)
- Colleen Ballerini, LMHC (p. 6)
- Dee Beach, Visiting Counselor (p. 6)
- David Rainen, Psy.D., LLC (p. 7)
- Diverse Understanding Mental Health, LLC (p. 7)
- Family Counseling Associates of Andover, LLC (p. 8)
- Family Services of the Merrimack Valley (p. 9)
- General Psychological Associates (p. 11)
- Joe Periera/Oulook Associates of New England (p. 15)
- Nic Wildes (p. 15)
- North Andover Counseling Professionals (p. 16)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)
- Robert P. Beaudoin, A.C.S.W (p. 17)

Boston Medical/Health Net Plan (BMHNP)

- Family Services of the Merrimack Valley (p. 9)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

Children's Medical Security Plan

- Family Services of the Merrimack Valley (p. 9)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

Cigna

- Associates in Psychological Services (p. 4)
- Brownstone Counseling (p. 4)
- Colleen Ballerini, LMHC (p. 6)
- General Psychological Associates (p. 11)
- Robert P. Beaudoin, A.C.S.W (p. 17)

EAPS

- Brownstone Counseling (p. 4)
- Psychotherapy Associates of North Reading & Amesbury (p. 16)

Fallon

- General Psychological Associates (p. 11)
- Family Counseling Associates of Andover, LLC (p. 8)
- Family Services of the Merrimack Valley (p. 9)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

Harvard Pilgrim

- Brownstone Counseling (p. 4)
- Counseling Services of Greater Boston (p. 5)
- Colleen Ballerini, LMHC (p. 6)
- Family Counseling Associates of Andover, LLC (p. 8)
- Family Services of the Merrimack Valley (p. 9)
- General Psychological Associates (p. 11)
- Joe Periera/Oulook Associates of New England (p. 15)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)
- Robert P. Beaudoin, A.C.S.W (p. 17)

Health Plans Inc.

- General Psychological Associates (p. 11)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)
- Robert P. Beaudoin, A.C.S.W (p. 17)

Magellan

- Family Services of the Merrimack Valley (p. 9)
- General Psychological Associates (p. 11)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

Mass Health/ MBHP/Massachusetts Behavioral Health Partnership

- Associates in Psychological Services (p. 4)
- Diverse Understanding Mental Health, LLC (p. 7)
- Family Services of the Merrimack Valley (p. 9)
- Psychotherapy Associates of North Reading and Amesbury (p. 16) (some exceptions)

Medicare

- Brownstone Counseling (p. 4)
- Family Services of the Merrimack Valley (p. 9)
- Joe Periera/Oulook Associates of New England (p. 15)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

Neighborhood Health

- Family Counseling Associates of Andover, LLC (p. 8)
- Family Services of the Merrimack Valley (p. 9)
- General Psychological Associates (p. 11)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

Network Health

- Family Services of the Merrimack Valley (p. 9)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

Optum

- Counseling Services of Greater Boston (p. 5)
- Colleen Ballerini, LMHC (p. 6)
- North Andover Counseling Professionals (p. 16)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

Tufts

- Brownstone Counseling (p. 4)
- Counseling Services of Greater Boston (p. 5)
- Colleen Ballerini, LMHC (p. 6)
- David Rainen, Psy.D., LLC (p. 7)
- Family Counseling Associates of Andover, LLC (p. 8)
- Family Services of the Merrimack Valley (p. 9)
- General Psychological Associates (p. 11)
- Joe Periera/Oulook Associates of New England (p. 15)

Tufts (continued)

- Nic Wildes (p. 15)
- North Andover Counseling Professionals (p. 16)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)
- Robert P. Beaudoin, A.C.S.W (p. 17)

Unicare

- General Psychological Associates (p. 11)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

United Behavioral Health

- Associates in Psychological Services (p. 4)
- Counseling Services of Greater Boston (p. 5)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)
- Robert P. Beaudoin, A.C.S.W (p. 17)

United Healthcare

- Family Counseling Associates of Andover, LLC (p. 8)
- General Psychological Associates (p. 11)
- Joe Periera/Oulook Associates of New England (p. 15)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)
- Robert P. Beaudoin, A.C.S.W (p. 17)

Value Options

- Colleen Ballerini, LMHC (p. 6)
- General Psychological Associates (p. 11)
- Psychotherapy Associates of North Reading and Amesbury (p. 16)

Associates in Psychological Services

565 Turnpike Street, Suite 84, North Andover, MA 01845

Office Phone (978) 686 – 5013 | **Fax** (978) 685 – 6556

Barbara's Phone (978) 270-0158 | **Joyce's Phone** (978) 729-5508

Office Hours vary dependent on staff

Call office to make an appointment. Each clinician does their own schedule.

Professional Staff	Qualifications(s)	Area(s) of Expertise
Thomas B. Hey	MA, CAGS	Teens, Adults. Substance Abuse Hours Monday 12:00-7:00 Wednesday 10:00-5:30 Thursday 12:00-7:00
Barbara Catalano-Hey,	LICSW MSW	Teens and Adults Hours Monday- Thursday 3:00-8:00 Saturdays upon request
Joyce Patane	MA, LMHC	Eating Disorders, Anxiety, Depression, Adjustment issues Hours Tuesday-Thursday 7:00-5:00 Friday 7:00-12:00

Insurance: BC/BS, Tufts, United Behavioral Health, Mass Health (MBHP), Cigna

Is there typically a waiting list? No

Bilingual Professionals? No

Brownstone Counseling

225 Broadway Suite 307, Methuen, MA 01844

Phone (978) 683-8600 | **Fax** (978) 683- 8600

Website www.brownstonecounseling.com

Office Hours Monday – Thursday 8:00 AM- 8:00 PM
Friday 8:00 AM – 6:00 PM Saturday 8:00 AM – 2:00 PM

Professional Staff	Qualifications	Area(s) of Expertise
John C. Hudzik	MSW	Children, Teens and Adults

Insurance: BC/BS, Tufts, Aetna, Harvard Pilgrim, Cigna, EAPS, Medicare

*We do not accept Mass Health products

Sliding Fee Scale? John C. Hudzik, \$50 minimum fee

Bilingual Professionals? No

Is there typically a waiting list? No

Referral Process: Call and leave a message on confidential voicemail.

Additional Information: There is a therapy dog in office to help with adjustment for teens and children.

Counseling Services of Greater Boston

64 Central Street, Georgetown, MA, 01833

7 Lincoln Street, Suite #216, Wakefield, MA, 01880

Phone: (781) 328-1904 | **Fax** (781) 325-1118

Website: csgboston.com | **Email:** info@csgboston.com

Office Hours

Georgetown:

Weekdays 10 AM – 7 PM, Saturday 8 AM – 1 PM

Wakefield:

Weekdays 9 AM – 8 PM, Saturday 8 AM – 4 PM

Professional Staff	Qualifications(s)	Area(s) of Expertise
Dana Venable	LMHC, ATR	Children, adolescents, and adults. Mood disorders and behavioral disorders, art therapy.
Kristen Radlinski	LICSW	Substance abuse, trauma, couples counseling
Amanda Bruce	LMHC	Children, adolescents, and adults. Eating disorders, self esteem.
Kristen Pratt	LMHC	Children, adolescents, and adults. Art and expressive therapy, trauma, attachment, family systems. Individuals, couples, families.
Nova Carmichael	LMHC, R-DMT	Ages 3-adult. Mindfulness, body awareness, cognitive coping skills, trauma.
Valerie Goguen	LMHC	Children, adolescents, and adults. Family systems, expressive therapy, Cognitive behavior therapy, dialectical behavior therapy. mindfulness.
Diane Giannino	LMHC	Female adolescents and adults. Anxiety, depression, mood disorders, self-esteem, marital issues.
Deborah Williams	LMHC	Adolescents, children, adults, families. Cognitive behavior therapy, mindfulness, identity formation, conflict resolution. Specializes in working with adolescent girls.

Insurance: Blue Cross/Blue Shield, OPTUM, Harvard Pilgrim, United Behavioral Health, Tufts Commercial Policies

Is there typically a waiting list? No

Bilingual Professionals? Polish/English

Referral Process: Call intake line, (781) 328-1904 x100

Colleen Ballerini

100 South Main Street, Unit C, Middleton, MA 01949

Office Phone (978) 273-4255

Website: www.colleenballerini.com

Office Hours: Tuesday-Friday 9 AM – 7 PM, Saturdays by appointment

Professional Staff

Colleen Ballerini

Qualifications

M.Ed., LMHC

Area(s) of expertise

Children, adolescents, addictions, adoption, women’s issues, bullying, empowering girls (middle school).

Insurance: Blue Cross/Blue Shield, Tufts, Harvard Pilgrim, Cigna, Behavioral Health Systems (BHS), Optum, Value Options

Sliding Scale: Yes

Is there typically a waitlist? No

Referral Process: Leave a message on confidential voicemail.

Additional information: Will run occasional groups when there is a need and enough participants.



Dee Beach, Visiting Counselor

4 High Street, Suite 101, North Andover, MA 01845

Office Phone (508) 265-3023

Email: visitingcounselor@gmail.com

Website: visitingcounselor.com

Hours: Saturdays

Professional Staff

Dee Beach

Qualifications

NCC, LMHC, Art Therapist

Area(s) of Expertise

Children and families, art therapy, play therapy.

Insurance: Blue Cross/Blue Shield

Is there typically a waiting list? No

Bilingual Professionals? No

Referral Process: Call the office number directly

Additional Information: I am dedicated to getting social, emotional, and behavioral understanding to children, parents, and teachers. My slogan is ‘Creative Solutions to Challenging Behaviors’. I specialize in time limited, concrete, skill based therapy using the arts. Coming in 2018 will be an on line series, easily accessed at your convenience.

David Rainen, Psy.D., LLC

90 Main Street, Andover, MA 01810

Office Phone (978) 482-7063 | **Email:** DRainen@DavidRainen.com

Website: www.DavidRainen.com

Office Hours: Monday-Friday 8 AM – 7 PM

Professional Staff

David Rainen

Qualifications(s)

Psy.D.

Area(s) of Expertise

Adolescents, college-age, and families

Insurance: Blue Cross/Blue Shield, Tufts Health Plan, and PPOs as an out-of-network provider

Is there typically a waiting list? No

Bilingual Professionals? No

Diverse Understanding Mental Health, LLC

15 Union Street, Suite 404, Lawrence, MA, 01840

Office Phone (978) 651-1377 | **Email:** Diverseunderstanding@gmail.com

Website: www.diverseunderstanding.org

Office Hours: Monday-Friday 9 AM – 6 PM

Professional Staff

Geraldo Pagan

Nancy Calkin

Qualifications(s)

LMHC

LICSW

Insurance: Beacon Health Strategies, Blue Cross/Blue Shield, Massachusetts Behavioral Health Partnership

Is there typically a waiting list? No

Bilingual Professionals? Yes, Spanish/English

Dr. Theresa Cerulli and Associates

451 Andover Street, Suite 130, N. Andover, MA 01845

Phone (978) 683- 6065 | **Fax** (978) 683-6055

Email: nandovermed@gmail.com | **Website** www.cerulliandassociates.com

Office Hours: Monday-Thursday 9-5, Friday by appointment only.

Professional Staff

Theresa Cerulli

Szifra Birke

Jay Livingston

Jennifer Leslie

Mary Foley

Qualifications

M.D.

M.S.

M.A.

Psy.D

MSN, PMHCNS-BC

Area(s) of Expertise

Psychiatry/ ADHD/ Psycho-pharmacology

Coaching/ Therapy

Adult Executive and ADD coach

Insurance: Out of network with all insurance companies, but some patients are able to submit for reimbursement depending on their plan.

Sliding Fee Scale? No

Is there typically a waiting list? Yes, 2 weeks to 2 months, depending on the clinician.

Bilingual Professionals? No

Referral Process: Intake appointments for new patients are scheduled through office assistant.

Additional Information: We treat children, adolescents, and adults. Dr. Cerulli is a neuropsychiatrist with a special area of interest in ADHD but treats all general psychiatric conditions as well.

Ever After Counseling & Wellness

93 Maple Street (Route 62), Middleton, MA 01949

Phone (978) 846-0640

Website www.donnadaviseverafter.com

Office Hours Weekdays 4:30 PM – 9:00 PM

Professional Staff

Donna Davis

Qualifications(s)

MS, LMHC

Area(s) of Expertise

Children, adolescents, families, self-esteem, grief, transitions, divorce, behavioral problems, college advising

Insurance: None accepted. Rate is \$60 per hour.

Bilingual Professionals? No

Is there typically a waiting list? No

Sliding Fee Scale? If family has financial concerns, Donna is willing to work with your situation.

Referral Process: Client can call directly to schedule appointment.

Additional Information: Donna has been a college counselor for over 17 years and has helped numerous middle/high/college students discover their talents, build esteem and assertiveness, adjust through transitions, and conquer anxiety and fears. Additionally, she offers Positivity Groups for women to help us stay connected and remain positive, despite obstacles in our lives.

Family Counseling Associates of Andover, LLC

12 Essex St, Andover, MA 01810

Phone: (978) 222 – 3121 | **Fax:** (978) 296 – 3460

Website www.fca-andover.com

Office Hours: Monday – Friday 9:00 AM – 8:00 PM, Saturday 9:00 AM – 5:00 PM

Professional Staff

George Mouzakis

Nuning Murphy

Jeffrey Brenner

Diane Rielly

Melissa Gearwar

Ed Hannifin

Qualifications

LEP, LICSW

MS, Psy.D.

Ph.D.

Ph.D.

MA, LMHC

MA, LMHC

Area(s) of Expertise

Director

Associate Director

Psych Testing

Ages 16+

Ages 12+

Ages 16+

Courtney Hale MA	LMHC	Ages 6+
Michael Reed	MA, LMHC	Ages 8+
Jeri Walker	MD	Psychiatry ages 8+
Cecilia Fernandez-Hall	Ph.D.	Ages 18+
Alla Palma	PsyD	Ages 18+
Samantha Spagnuolo	MA, LMHC	Ages 6+
Kathleen Dollard	MA, LMHC	Ages 10+
Erin Greenleaf	LMHC, LMFT	Ages 10+
Cindy Veatch	LICSW	Ages 6+
Renee Girard	LICSW	Ages 18+
Pamely Dudley	LICSW	Ages 6+

Insurance: BC/BS, Harvard Pilgrim, United Healthcare, Tufts, Aetna, Beacon, Fallon, Neighborhood Health

Is there typically a waiting list? Yes, 3-5 weeks

Bilingual Professionals? Yes, Dr. Nuning Murphy speaks fluent Thai.

Referral Process: Client should visit website, complete online form and an intake coordinator will follow up with the client.

Additional Information: Please see website for full explanation of services.

Family Services of the Merrimack Valley

430 N. Canal Street, Lawrence, MA 01840
Phone (978) 327 – 6600 | **Fax** (978) 327 – 6601
Website www.FSMV.org

Office Hours

Monday & Thursday 8:00 AM – 7:00 PM
Tuesday 8:00 AM – 5:00 PM
Wednesday 8:00 AM – 8:00 PM
Friday 8:00 AM – 3:00 PM

Professional Staff	Qualifications(s)	Area(s) of Expertise
Kara Drew Bloomindale	MSN, RN, PMHCNS-BC, CARN-AP	Child/adolescent Psychiatry. Ages 5-21 *Only sees active FSMV clients
Ana Cabacoff	LICSW	Hispanic culture. Mood & anxiety disorders. Ages 10+ (Spanish/English)
Daniel Carlat	MD	Adult Psychiatry. Ages 18+ *Only sees active FSMV clients (Spanish/English)
Heather Dormer	LICSW	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. Ages 15+. *Not taking new patients.
Krystal Dunn	MA	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. Ages 5+

Kenia Estevez	MA	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. Ages 5+ (Spanish/English)
Kathleen Fenton	LMHC	Mood disorders, MH/medical health issues, gender concerns, LGBTQ issues. Ages 15+
Gabriel Garcia	MA	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. Ages 12+ (Spanish/English)
Ronnie Ginsberg	Psy.D.	Children and teens, parenting, mood/anxiety disorders. Ages 5+.
Holly Hammershoy	M.Ed. LMHC	Mood disorders, ADHD/ADD, behavioral disorders. Children, adolescents and adults. Military members and their families. Ages 5+. *Not taking new patients.
Tania Jimenez	MA	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. Ages 12+ (Spanish/English)
Leomary Jiminian	M.Ed.	Hispanic culture. Children and adolescents – behavioral disorders. In home therapy (IHT) – parenting, family therapy. Ages 10+. (Spanish/English)
Jessica Lankeneau	LMHC	Children and adolescents – behavioral disorders, ADHD/ADD. Positive Parenting Program. Ages 5+ (Spanish/English)
Michael Kittay	MD	Adult Psychiatry/Addiction Medicine. Ages 8+. *Only sees active FSMV clients.
Emily (Molly) Mitchell	LICSW	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. In home therapy (IHT) – parenting, family therapy. Ages 5+.
Brianna Murdock	LICSW	Children and adolescents – behavioral disorders, mood/anxiety, ADHDadjustment disorders. Ages 5+ *Not taking new patients
Ashley Olejarz	LMHC	Children and adolescents – behavioral disorders, ADHD/ADD. Adults – mood and anxiety disorders. Ages 5+.
Lauren Petrilli	LCSW	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. Ages 5+
Miguelina Ramirez	M.Ed.	Children and adolescents- behavioral disorders. Adults- mood and anxiety disorders. Ages 5+ (Spanish/English)
Deborah Robinson-Thompson	LMHC	Mood disorders, anxiety disorders. LGBTQ issues. Ages 15+.
Idenice Sargut	M.Ed.	Ages 5+, behavioral, mood, anxiety disorders. (Spanish/English)

Insurance: Aetna, Blue Cross/Blue Shield, Children’s Medical Security Plan, Magellan, MassHealth, Medicare, Tufts Health Plans, Tufts Navigator, Harvard-Pilgrim, Fallon, Network Health, Neighborhood Health Plan, Boston Medical/ Health Net Plan (BMCHP),

Sliding Fee Scale? Some sliding scale for Psychotherapy only (NOT psychiatric services) – based upon household income

Is there typically a waiting list? Yes

Bilingual Professionals? Yes, bilingual professionals are indicated above.

Referral Process: Potential client calls intake at 978-327-6611 (English) or 978-327-6608 (Spanish) and provides info about presenting problem and insurance information.

Additional Information: Contact Holly Hammershoy for more information. 978-327-6618 or at hammershoy@fsmv.org

General Psychological Associates

3 Dundee Park, Suite 203, Andover MA 01810

Phone (978) 475 – 3590 | **Fax** (978) 475 – 7620

Office Hours

Monday – Friday 8:00 AM – 8:00PM

Saturday 9:00 AM – 4:00 PM

Website: www.generalpsychologicalassociates.com

Professional Staff	Qualifications	Area(s) of Expertise
J.Michael Abrams	Ph.D.	Clinical Director of ImPACT Program Pre/Post Concussion Evaluation and Assessment Program. Neuropsychological assessment of learning disabilities, ADD/ADHD and Asperger’s spectrum. Counsels children, families, adults.
Beverly Anderson	MS, RN, CS	Specializing in medication treatment for adults
Anita Pandolfe Ruchman Lisa Bailyn	PMHNP-BC Ph.D.	Medication treatment for adults. Adults. Anxiety, depression, stress, grief adjustment, adjustment to medical problems, chronic illnesses, women’s health issues.
Debra Hohnecker	Psy.D.	Ages 8+, adolescents, adults. ADD/ADHD, anxiety, bi- polar disorder, depression, grief/bereavement, LGBT, OCD, ODD, PTSD, relaxation therapy, sexual abuse in adults. Couple and family counseling.
Susan Sczerzenie	Ph.D.	Ages 2- 16 and families. Specializes in ADD, ADHD, PTSD, PDD, OCD and Asperger’s syndrome.
Mark Ternullo	Psy.D.	Ages 5+, adolescents and adults. ADD/ADHD, anxiety, Asperger’s Syndrome, autism, bi- polar disorder, child abuse,

Mark Burton	LICSW	depression, executive functioning, foster care/adoption, grief/bereavement, internal family systems, learning disabilities, medical issues, OCD, ODD, PDD, PTSD, relaxation therapy, sexual abuse, sleep disorders. Family Counseling. Children 5+, adolescents and adults. ADD/ADHD, Asperger's Syndrome, autism, anxiety, depression, executive functioning, grief/bereavement, OCD, parenting issues PTSD, LGBT issues, and medical issues. Relaxation therapy. Individual, couple and family therapy.
Mark Caton	LICSW	Children, adolescents, adults. Depression, anxiety, substance abuse, ADD/ADHD, and ODD. Individuals, Couples and family therapy.
Joe Erickson	LICSW	Children, adolescents, adults, Asperger's Syndrome, ADD/ADHA, multi-cultural/ multi-racial identity issues.
Kimberly Festa Cratty	LICSW	Children ages 3+, adolescents, adults, couples and families, ADD, ADHD, anxiety, depression, grief, bi-polar issues child abuse, medical issues, ODD, PDD, PTSD, sexual abuse, and sleep disorders.
Eileen Hiatt	LICSW	Children ages 7+, adolescents, adults and families. ADD/ADHD, anger management, anxiety, battered women, bi-polar disorder, child abuse, depression, eating disorders EMDR, executive functioning, foster care/adoption issues, grief/bereavement, infertility, internal family systems, medical issues, menopause issues, OCD, ODD, parenting issues, personality disorders, PTSD, pre-bariatric surgery, relaxation therapy, selective mutism, sexual abuse, sleep Disorders and substance abuse.
Linda Lankowski	LICSW	Ages 18+. Gender identity, battered women, bi-polar disorder, couples, family, grief/bereavement, LGBT, personality disorders and substance abuse.
Janel Weiner	LICSW	Children ages 4+, adolescents, adults and families. Anxiety, ADD/ADHD, battered women, child abuse, EMDR, grief bereavement, internal family systems, medical issues parenting issues, PTSD,

* Continued on next page

Traci Connor	LMHC	<p>pregnancy/post-partum issues relaxation therapy and sexual abuse.</p> <p>Ages 3+. ADD/ADHD, anxiety, Aspergers syndrome, autism, bi-polar disorder, child abuse, depression, foster care/adoption issues, learning disabilities, LGBT, medical issues, OCD, ODD, PDD, PTSD, sexual abuse issues and sleep disorders. Couples and family counseling.</p>
Debra Joy	LMHC	<p>Children Ages 4+, adolescents, and adults. ADD/ADHD, anger management, Aspergers Syndrome, Autism Spectrum, battered women, bipolar disorder, child abuse issues, DBT, dyslexia, eating disorders, foster care/adoption issues, grief/bereavement, infertility issues, internal family systems, LGBT, medical issues, menopause issues, OCD, ODD, parenting skills, personality disorders, PDD, PTSD, pregnancy/post-partum and sexual abuse.</p>
Stephanie Lee	LMHC	<p>Children ages 7+, adolescents and adults. Anxiety, anger management, depression, bipolar disorder, cutting, grief/bereavement, personality disorders, PTSD and medical issues.</p>
Martha Maness	LMHC	<p>Children 9+, adolescents, adults and families. ADD/ADHD, anxiety, battered women's issues, bipolar disorder, depression, executive functioning, foster care/adoption issues, LGBT, medical issues, parenting issues, PTSD, pre-bariatric surgery, sleep disorders, eating disorders, grief/ bereavement, infertility. Couples and family counseling.</p>
Nancy Weimer	LMHC	<p>Children ages 6+, adolescents, adults. ADD/ADHD, anger management, anxiety, child abuse, depression, eating disorders in teens, foster care/adoption issues, grief issues, learning disabilities, OCD, ODD, PDD, PTSD, selective mutism, and sexual abuse in children and teens. Couples and family counseling.</p>
Americo Mello	Psy.D.	<p>Adolescents 14+, adults. Anxiety, depression, anger management, Asperger's, Autism, bi-polar, grief, LGBT, medical issues, parenting issues, personality disorder, PTSD, sexual</p>

		abuse in adults, sleep disorders, relaxation therapy.
John Pakstis	Ph.D.	Ages 18+. Anxiety, depression, bi-polar, executive functioning, OCD, personality disorder, PTSD, sleep disorders, relaxation therapy. Individual and couples counseling.
Stephanie Hancox	Psy.D.	Children 6+, adolescents, adults. Anxiety, depression, grief, OCD, parenting issues, PTSD, sexual Abuse in adults, sleep disorders, substance abuse, relaxation therapy. Individual and couples counseling.
Dennis Deangelis	LICSW	Children 6+, adolescents, adults. Anxiety, depression, ADD, ADHS, anger management, executive functioning, grief, ODD, parenting issues, substance abuse. Individual, couples, and family counseling
Lucy Hall	LICSW	Children 5+, adolescents, adults. ADD, ADHD, anxiety, Asperger's, Autism, Bi-polar, executive functioning, foster care/adoption, grief, infertility, internal family system, medical issues, OCD, ODD, parenting issues, PDD, sexual abuse in children and adults, sleep disorder, substance abuse. Individual, couples, and family counseling.
Karen Joyce	LMHC	Children 6+, adolescents, adults. Anxiety, depression, anger management, Asperger's, Autism, bi-polar, cutting, grief, menopause issues, ODD, personality disorder, relaxation therapy. Individual and couples counseling.
Maria Perez	LMHC	Children 5+, adolescents, adults. Anxiety, depression, ADD, ADHD, anger management, child abuse, foster care/adoption, grief, ODD, parenting issues, PTSD.

Insurance: Aetna, Blue Cross Blue Shield, Tufts GIC, Unicare, Neighborhood Health Plan, BMC, Fallon, Tufts Public plans, Tufts Commercial plans, United Healthcare, Harvard Pilgrim, Healthplans, Value Options, Cigna, Magellan.

Sliding Scale? No

Bilingual Professionals? No

Is there typically a waiting list? No.

Additional Information: We also provide baseline and post injury assessments guide to return to play decisions.

Joe Pereira, LICSW, CAS

Outlook Associates of New England

637 Massachusetts Ave, Arlington, MA 02476

Phone (781) 643-5251 | Fax (781) 648-0718

Website www.outlookassociates.com

Email jpereira@outlookassociates.com

Office Hours: Monday 10:00 AM – 5:00 PM (Boston), **Tuesday** 10:00 AM – 6:00 PM (Last appt),
Wednesday 9:00 AM – 6:00 PM (Last appt), **Thursday** 9:00 AM – 6:00 PM (Last appt),
Friday 9:00 AM – 4:00 PM (Last appt)

Professional Staff

Joe Pereira

Qualifications(s)

MSW

Area(s) of Expertise

Adults and adolescents, anger management, chemical addictions, depression, anxiety, men's issues

Insurance: BC/BS (All plans), Harvard Pilgrim, United Healthcare, Medicare, Tufts (Commercial Plan)

Sliding Fee Scale? \$65 minimum fee **Bilingual Professionals?** No

Referral Process: Client can call to set up an appointment.

Is there typically a waiting list? Yes, not always

Additional Information: Runs a 12 week anger management group for men. Works 1 day a week in downtown Boston.

Nic Wildes

805 Turnpike Street, Suite 202, North Andover, MA 01845

Phone: (978) 771-2413 | Fax: (978) 688-3795

Email: nicwildes@gmail.com

Website www.nicwildes.com

Office Hours: Monday-Thursday 12-9

Professional Staff

Nic Wildes

Qualifications

LMHC

Area(s) of Expertise

Ages 16 and older, Issues relating to gender identity, trauma

Insurance: Blue Cross/Blue Shield, Tufts

Sliding Fee Scale?: Yes

Is there typically a waitlist?: No

Bilingual Professionals?: No

Referral Process: Call the office.

Additional Information: I specialize in working with issues related to gender identity (Transgender/Non-Binary), sexuality (Lesbian, gay, bisexual, queer), and trauma. I see LGBTQ young people ages 16 and older.

North Andover Counseling Professionals

800 Turnpike Street, North Andover, MA 01845

Phone: (978) 502-5847 | **Email:** northandovercounselingprofessionals.com

Website northandovercounseling@gmail.com

Office Hours: Monday-Friday 8 AM – 8 PM, Saturday 8 AM – 6 PM

Professional Staff	Qualifications	Area(s) of Expertise
Karen Weinberg	LMHC, MS	Children, Teens & Families
Kerry Carbone	LMHC, MS	Adults

Insurance: Blue Cross/Blue Shield, Tufts Health Plan, Optum, Beacon Health Options, Private Pay, Out of Network

Sliding Fee Scale?: Yes, \$75 minimum hourly fee

Is there typically a waitlist?: No

Bilingual Professionals?: No

Referral Process: Call or email for confidential requests.

Additional Information: Same day appointments available.

Psychotherapy Associates of North Reading and Amesbury

58 Concord St, North Reading, MA 01864

5 Market Square, Suite 102, Amesbury, MA 01913

Phone: (978) 664 – 2566 | **Fax:** (978) 664 – 8023

Website www.panr.net

Email support@panr.net

Office Hours: Monday – Friday 9:00 AM -9:00 PM

Weekends by appointment

****See website for more information and expertise of each staff member.**

Professional Staff	Qualifications(s)
Donna Whipple	Psy.D.
Rick Kaufman	LICSW
Vanessa Davi	Referral Coor.
Elizabeth Graham	LICSW
Jessica Jenkins	LMHC
Robert Johnston	LICSW
Lisa Martelli	LICSW
Kristen McGuigan	LICSW
Carole Meuse	Referral and Billing Coor.
Jim Morin	LMHC
Nancy Pelmas	LICSW
Andrea Thompson	LICSW
Cheryl Kronhaus	LICSW
Carole Davidson	LMHC

Sarah Bush LMHC
Sarah Hawkins LMHC
Jennifer Brown LICSW
Jennifer Moore LMHC
Jennifer Hills LMHC

Insurance: Aetna, BMC, Beacon Health Strategies, Blue Cross/Blue Shield, Boston Medical/Health Net Plan (BMHNP), Children’s Medical Security Plan, EAPS, Fallon, Harvard Pilgrim, Health Plans Inc., Healthplans, Magellan, MassHealth (some exceptions), Medicare, Neighborhood Health, Network Health, OPTUM, Tufts, Unicare, United Behavioral Health, United Healthcare, Value Options

Sliding Fee Scale? \$85 minimum

Is there typically a waiting list? No

Bilingual Professionals? There are Spanish speaking intake staff.

Referral Process: There are two full-time referral coordinators. Ext. 246

Robert P. Beaudoin, A.C.S.W.

575 Turnpike Street, Suite 15, North Andover, MA 01845

Phone (978) 688 – 7933 | **Fax** (978) 688 – 7933

Office Hours:

Monday – Wednesday 7:00 AM – 5:00 PM

Thursday 7:00 AM – 1:00 PM

Professional Staff	Qualifications	Area(s) of Expertise
Robert P. Beaudoin	MSW	Individual & Family therapy for children, adolescents & adults

Insurance: Accepts Blue Cross/Blue Shield, Tufts, United Behavioral Health, United Healthcare, Aetna, Cigna, Health Plans Inc., Beacon, Harvard Pilgrim.

Sliding Fee Scale? Varies case to case.

Is there typically a waiting list? No **Bilingual Professionals?** No

Referral Process: Call the office directly for an appointment.
