



FITNESS

KICKBOXING

Open to
Middle
school
GIRLS!

Kick, punch &
learn self defense
all in one class!

Tuesday, January 31st

Time: 5:00-5:50

COST: \$5.00 per person (CASH ONLY PLEASE!!)

Any questions please contact Micaela at mtetrault@nayouth.com or 978-682-9000

Class will be taught by Cervizzi's Martial Arts

www.cervizzismartialarts.com

www.facebook.com/cervizzis

Name: _____ Grade: _____

Phone Number: _____

Email Address: _____

Emergency Contact #: _____

Parent/Guardian Signature: _____